



THE PERFECT HIDEAWAY

Nestled among lotus pond & tropical garden,
Dalabua Spa offers you a large variety of treatments
in a unique surrounding.

We only use natural and essential oils from Asia.
For your comfort please check by yourself our different oils and
choose the one who will transport you in a relaxing moment.

After the spa, you can take a shower
and Enjoy Mak Tum tea for healing.

AROMATHERAPY

An old therapeutic method of pressure point massage of the full body using the healthy properties of pure essential oils. Essential oils are aromatic extracts distilled from plants, trees and herbs of Asia. During our aromatherapy, the pure essential oils will be absorbed through your skin, stimulating well being and encouraging a healthy mental and full body relaxation.

Soft :

Nourishing your skin, relieving your tension and calming your mind.

Strong:

Focus on lymphatic drainage, detox and stimulating blood circulation.

60 Mins \$45

90 Mins \$55

LAO TRADITIONAL

NO OIL

The therapist rests on the body's pressure points with rhythmic repetition, using their body weight to add force. The person being massaged traditionally remains clothed, and will be provided with a set of pyjamas to wear.

The set routine starts with some foot reflexology.

Enhance energy flow, release stress and balance body system.

60 Mins \$35

90 Mins \$45

HEAD AND SHOULDER

Most stress and anxiety is located in the head, shoulder and neck region. You now have change to the blood vessels in this region of your body, which helps to release endorphins. It helps blood flowing and circulation.

60 Mins \$35

HERBAL COMPRESS MASSAGE

This massage is designed to relieve pain and inflammation. A selection of therapeutic herbs, including pray, ginger, turmeric and lemongrass, are wraps in a muslin compress, steamed and then applied to the body in gentle pressing, circular and rolling movements.

The hot compresses are ideal for alleviating pain, stiff, sore or pulled muscles and ligaments, chronic back aches, arthritis, even skin conditions, migraines and chronic stress or anxiety. The blend of traditional organic herbs used has a relaxing and invigorating effect on the body and mind, soothing sore and overworked muscles while giving the body's energy reserves a huge boost.

90 Mins \$70

120 Mins \$90

FOOT MASSAGE

The practice of manipulating points on the feet to balance energy flow around the body, stimulating the body's natural healing process. These points, called reflexes, corresponds to a different part of the body, such as a gland, organ or other part. When manipulated, the reflexes can trigger physical reactions in the corresponding body parts.

60 Mins \$35

FACIAL TREATMENT

Our facial treatment provides a deep cleansing for normal to sensitive skin types. We start with a purifying scrub and a hydrating mask to revitalize the skin using almonds and, honey of Laos for a 100% natural treatment.

60 Mins \$40

BODY SCRUB

Using the finest ingredients that are both luxurious and nourishing to the skin, these scrub give your body a beautiful hand healthy glow.

A truly exotic and therapeutic experience.

Buff your skin into super-smooth shape with our exfoliating body scrubs.

60 Mins \$50

MANICURE AND PEDICURE

Classic Manicure / Pedicure

Clean-up, trimming and color your nails

Only one \$20 Both \$30

Nails Polish Gel

Coloring your nails. Designed to enhance the appearance of your nails

Only one \$25 Both \$45

Gel Color Removal

Only one \$10 Both \$20



SIGNATURE TREATMENTS

The massages are designed for specific needs using reflexology and acupuncture method.

After the spa, you can take a shower and Enjoy Mak Tum tea for healing.

HOT STONE & AROMATHERAPY

Deep relaxation and healing

Hot stone massage therapy melts away tensions, ease muscles stiffness and increase circulation and metabolism. Each session promotes deeper muscle relaxation through the placement of smooth, water-heated stones at key points on the body.

The premise behind hot stone massage therapy is that the direct heat of the stones relaxes muscles, allowing the therapist to access to the deeper muscle layers. Combining hot stone protocols with a full body massage provides a very healing and effective experience. The hot stones also expand blood vessels, which encourages blood flow throughout the body.

90 Mins \$70

120 Mins \$90

MUSCLE

Soothing sore muscles all over your body

Our deep tissues massage is designed to relieve pain and muscle tension throughout your body.

A deeper pressure is beneficial to chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons, fascia by bringing more oxygen and nutrients into the muscle. A muscle massage will improve blood circulation and lymph drainage from the tissue.

90 Mins \$60

120 Mins \$80

RELAXING

Reconnect your body with your soul

This massage is specifically designed for people looking for a deep mental and physical relaxation to eliminate tension through your body and your mind. As well our relaxing massage will promote rapid removal of toxins and waste product of the muscle due to stress and anxiety.

Also, it will stimulate sensory receptor and the parasympathetic nervous systems.

90 Mins \$60

120 Mins \$80